



Carter County CARES – Kids BackPack Club Food List

No Products with Peanuts or Peanut Oil; due to food allergies!

Items should be individually wrapped or in easy-open containers

Canned Meats	Cheese on cheese crackers
Single serve veggies	Fruit Juice
Soup/ Canned Pasta	Diced fruit cups
Easy Mac	Jell-O cups / Pudding
Animal Crackers	Breakfast Bars
Cereal	Raman Noodles
Slim Jims	Apple Sauce
Flavored Oatmeal	Raisins
Cheese/ Pretzel dippers	Pop Corn

Fresh Fruit is distributed when available

**For volunteer opportunities contact 606-316-3503 or
cartercountycares@yahoo.com**

You can be a Kids BackPack Club Sponsor for \$10 a month. Mail your tax deductible donation to Carter County CARES, PO Box 1139, Grayson KY 41143